

**Influenza-like Illness Symptom Checklist for Parents and Caregivers**

The Minnesota Department of Health is asking schools and parents of school children to help with tracking the new flu virus in Minnesota. Parents should keep children home from school if they are sick with flu-like symptoms. Edina Public Schools Health Services is asking you to use the following questionnaire on a daily basis to assess the health of your child.

**Does your child have:**

- |                               |  |
|-------------------------------|--|
| 1. Fever (100° F or greater)? | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 2. Sore Throat?               | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 3. Cough?                     | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 4. Nasal congestion?          | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 5. Runny nose?                | <input type="checkbox"/> Yes <input type="checkbox"/> No |



**SHOULD I KEEP MY CHILD HOME?**

- **If you checked yes to fever AND one of the other symptoms, keep your child home for seven days after symptoms start, even if they no longer are ill.** If your child is still sick after seven days, keep your child at home until well for 24 hours. If you have questions about your child's health or symptoms, call your child's healthcare provider.
- If your child has been diagnosed by a healthcare provider with a different disease, such as strep, follow your healthcare provider's recommendation and school policy for when to return to school.

**WHAT SHOULD I TELL MY CHILD'S SCHOOL?**

- **If you checked "yes" for fever AND one of the other symptoms, call your child's attendance and/or health office to let them know what symptoms your child has and that they will not be at school.**
- If your child has been diagnosed by a healthcare provider with a different disease, such as strep throat, tell your child's attendance office.

**For more information and on-going updates 651-201-5414 or 1-877-676-5414 or go to the MDH website at: [www.health.state.mn.us](http://www.health.state.mn.us)**